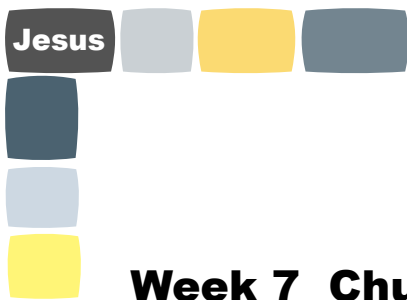


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Week 7 Church Shutdown 2nd May

“The Church has left the building”

The Lord is my rock, my
fortress and my deliverer;

my God is my rock, in whom
I take refuge,

my shield and the horn of
my salvation, my stronghold.

Psalm 18:2

I don't know about you, but I think I'm getting Coronavirus pandemic overload ! Every day we are confronted by Government ministers and so called experts in their field answering the same questions with the same vague answers that they are doing everything according to the best scientific advice. “Stay at home”

I can't help but feel it's a little like the blind leading the blind and hoping for the best! There is no certainty, they keep telling us that there is light at the end of the tunnel but maybe that's a train coming to get us!

There is a deafening silence from our church leaders, as if they dare not introduce God into the problem in case they get asked some difficult questions, where is the public call to prayer for God to be merciful to us as a wayward Nation and a calling of His people to pray ? “ *if My people who are called by My name will humble themselves, and pray and seek My face, and turn from their wicked ways, then I will hear from heaven, and will forgive their sin and heal their land. 2 Ch7:14*

The Rock that I stand on is the rock of God's action in the world *now*, and *forever*, The Bible says “*if the Lord wills, we will live,*” That's about as involved as it gets Not just “whether you live or die, you will be with God , but also, “*God will decide decide if you live or die*” - now.

He's more involved than that. “*If the Lord wills, we will ...do this or that.*” Nothing is excluded from “*this or that*” He is totally involved. This health, or that sickness. This economic collapse, or that recovery. This breath or not.

The Rock I'm talking about is under my feet now, because hope beyond the grave is present hope. The object of hope is *future*. But the experience of hope is *present*. And the present experience is *powerful*.

Hope is power, it helps people get out of bed in a morning, it gives meaning to daily life, even locked-down, quarantined, stay-at-home life. It sets you free from selfishness, fear and greed.

Are you standing on the Rock of Ages? You should be especially in times like these.

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Tuesday morning fellowship zoom meeting,

If you can meet with us on Tuesday the meetings beginning at 10-30 with coffee and chat (make your own coffee!) At 10-40 We then have a time together in the Bible we are looking at James at the moment. Listen to some great video songs, you are welcome to sing along as long as you turn off your microphone !!



A prayer for the church

May your love that never fails strengthen the weak encourage the fearful calm the anxious heal the sick through your church – your washed hands and feet on earth –distant but still present virtual but still connected apart but still helping. God in your mercy,

hear our prayer.

Amen.

You know you're

Getting Old

When . . .

You can be trusted with a

Secret because you won't

Remember it anyway

Getting up from the armchair

Generally requires more

Than two attempts



A Yummy Recipe from just three ingredients



120 g Cheddar Cheese

+



140 g Plain Flour

+



125 g Salted butter cold

= Cheesy crackers

1. Preheat oven to 200c and line two baking sheets with greaseproof paper
2. Sieve the flour into a large bowl and add the butter, cutting it into cubes as you go, use your fingers to mix them together, combining until they resemble breadcrumbs.
3. Grate in 100g cheese and repeat, kneading until it all comes together into a ball
4. Turn the dough out on to a floured board or work surface and roll it out to around 5mm thick using a small 4 cm cutter cut shapes out of the dough place them on the baking tray
5. Finely grate the remaining 20g of cheese over the tops bake for 15 20 minutes until just turning golden brown.

If you need any help during the social isolation then please contact either Sara on 07736 972683 or Stuart on 07467 024552

Keep in touch let us know how you are getting on either on the Cornerstone Facebook page or our email address on page 1